

# NOW

## YOU'RE TALKING!



INCORPORATING KEY CONNECTIONS Autumn 2011

[www.keycommunitysupports.org](http://www.keycommunitysupports.org)  
[info@keycommunitysupports.org](mailto:info@keycommunitysupports.org)



# GLASGOW CONNECTIONS

News and photographs inside

## TAG NEWS

What's happening in your area

## Being All You Can Be

Articles and special features

# WELCOME TO YOUR MAGAZINE

**A** big welcome from the Editorial Team to the new edition of **Now You're Talking** and **KEY Connections**.

As ever this edition is packed full of interesting stories, great articles and wonderful photographs.

You will also find many of our usual features. We have a report from our new **National TAG** Chairperson and lots of news from

the **Regional Advisory Groups**. We have a special feature and lot's of great photos from the "*Glasgow Connections*" Event which was a great success.

We have articles from all over the country including news from an exciting project in Dumfries and we join the good folk from Thurso on a visit to Orkney.

We reveal this year's winner of the **Now You're Talking** Achievement Award and as ever **Being All You Can Be**, is packed full of great stories and people showcasing their talents and skills.

Don't forget to have a good look through the **KEY Connections** pages and get those replies back to us as quickly as you can!

Enjoy your magazine.

## YOUR EDITORIAL TEAM...



*Vicky Young, David Hill, Mairi Hill, Ewan Hamilton and Kirsten Knox*

**FRONT COVER:** *Pictured here on their wedding day is Mr and Mrs Reid from Riddrie. Robert and Catherine were married at Park Circus in Glasgow followed by a reception where they celebrated with friends and family. Congratulations to you both.*



Hello, my name is Sylvia Sills. I am the new Chairperson of National TAG.



All of the TAGs have been really busy since the last edition.

In the last **Now You're Talking**, Michael Greechan told you about a pilot we had started with two representatives from National TAG attending KEY's Management Committee.

I am pleased to report that this has been a great success. At our last strategy meeting, pictured below, the Committee and National TAG agreed that the Chairperson and former chair would continue representing the people supported by KEY on the Management Committee.

This will make sure that the voice people supported by KEY are right at the heart of decision making.

KEY is one of the very few organisations who support people to have the people it supports on their Management Committee. Well done KEY!

We also told you last year about our plans to set up TAG as a separate charity.

Things have really moved on since then. We have written a constitution and got some free legal advice (to make sure we are doing it properly). CVS in Dumfries have given us lots of information about what we need to do (a big thanks to them) and TC Young have checked it over.

As we go to print it is nearly ready to go to OSCR. They are the people who register and check charities are working properly.

The Regional TAGs have already come up with lots of ideas of things they want to do, and are starting to plan how to do some fundraising to get more things going in your area. If you have any ideas contact your regional TAG and let them know.

I hope you enjoy this edition of **Now You're Talking**, it is full of great stories!

**Sylvia**



## News from the Politics Group

Hello my name is Ewan Hamilton and I am a member of The **Politics group**. Earlier this year myself and a few of my colleagues attended a Hustings in preparation for the Scottish General Election. This gave us a chance to grill candidates on various issues including the recent cuts to front line services.



We continue to work closely with the Learning Disability Alliance Scotland (LDAS) and we are continuing to campaign on the unfairness of the Charging Policy of Local Authorities. We also took part in the Westminster Government consultation on the Disability Living Allowance. We will send you more information about this when it is finalised.

Personally I have had a very busy summer helping out my party and campaigning at the recent by-election in Inverclyde.



Most of the Regional TAGs now have their own newsletter. Look out for their next editions to get even more information about what's going on where you live.



# NOW YOU'RE TALKING

## ANNUAL ACHIEVEMENT AWARD

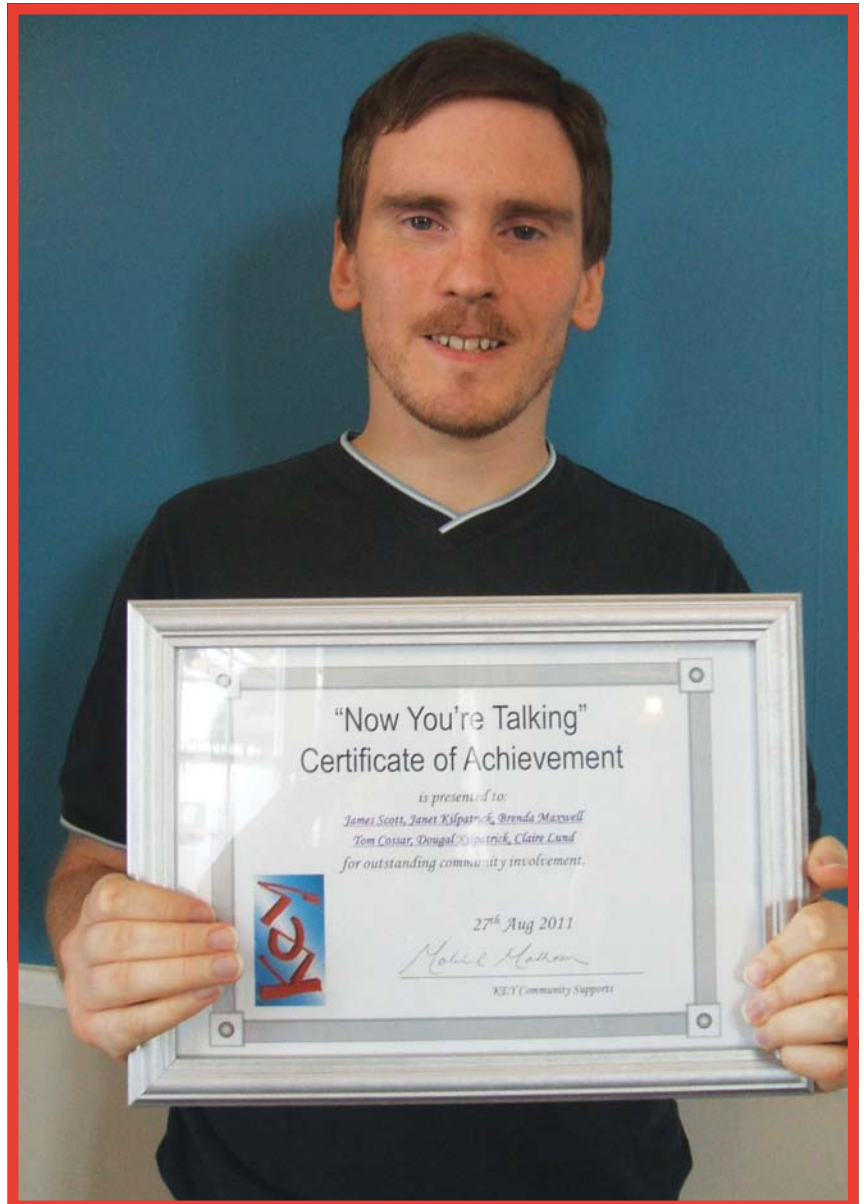
**T**o recognise all the great work that people throughout KEY are doing we launched our annual Now You're Talking Achievement Award.

We have great pleasure in announcing that the winners this year are *The Dumfries Networking Group*.

This is the first time the award has been given to a group of people and it is very well deserved.

The group have been volunteering with the *Peter Pan Moat Brae Trust* who are restoring a historic house. You can read more about it on page 9.

The group are; *James Scott, Janet Kilpatrick, Brenda Maxwell, Tom Cossar, Dougal Kilpatrick, Claire Lund*.



Dougal Kilpatrick, above, was delighted to accept the award on the group's behalf. We look forward to seeing how the project progresses over the next year. ***Congratulations!***

If you know somebody who is supported by KEY that does a lot of work for the community or works hard to make things better for others, nominate them for a Now You're Talking Achievement Award. Contact the Editorial Team – our details can be found on the back page.



# BEING

## ALL YOU CAN BE

*We like to have a focus for the magazine, bringing stories together that have something in common. This section is dedicated to all the skills and talents folk have, people who are being all they can be...*

Hi, my name is Andrew Cornet and I live in Annan. I would like to tell everyone about my dog Comet. I always wanted to have a dog. When Comet came into my life I never realised how much fun and company a dog could bring.



I enjoy taking him for long walks and enjoy sitting on the couch with him sleeping beside me.

*Dogs really are a man's best friend.*

**If you have any stories and or photographs you think are interesting and fit in with the theme of being all you can be, please send them in to the Magazine Team. Details on how to send stories can be found on page 31.**



The ladies from the East End of Glasgow recently enjoyed a fashion and shopping night at the Evans store at the Glasgow Fort. They had exclusive use of the shop with the staff helping to choose outfits that suited with jewellery and shoes to match. The ladies were also treated to drinks and snacks which made it a really great night.

If you think this would be an ideal night Lucy, the manager at Evans, has offered this personal shopping experience to any of our services, no matter the distance.

The ladies, Joy, Claire, Theresa, Margaret, Audrey and Janet were delighted with all their purchases and are looking forward to another night in the winter.



# Adrenalin Rush...



My name is Bertie Stevens. Recently I went to a theme park and spent the day going on any ride that would give me the biggest thrill and adrenalin rush... I am a thrill seeker.

There was a time when it was felt that I could not participate in this sort of activity, and therefore I missed out, not now. I have a support team who are very experienced in working with me and who help me in making good decisions about which rides are safe, as I would try anything. In the photos I think, Katie Orr, my support worker is more worried than me, I can't wait to get started.



I am off to Blackpool in August to see what they can offer in terms of adrenalin

rushes, but need to watch out for the support worker...it can get SCARY for them.



## Gold Rush...



Ronnie Hendrie pictured here in Athens with his first World Games Gold Medal. Ronnie is no stranger to the Olympic podium. You may remember Ronnie from Now You're Talking when he returned from Shanghai with a Silver and Bronze. He is chuffed to have added Gold to his collection.

Ronnie had a great time spending the first week on the island of Skiathos getting used to the heat. In Athens, in between the cycling events, he attended a reception at the Ambassador's Residence where he got the chance to meet Tim Shriver who is the Chairperson of the Special Olympics and whose family started the games.



## Good Afternoon...



This is some photos from the games afternoon held every Thursday at the Dawson centre in Bainsford.

We play dominoes, darts, carpet bowls, board games and have regular competitions for trophies. We have a coffee and a cake, and a bit of a laugh.

It's a great way of making friends and having a good time.

All welcome to come and join us. Contact the magazine for more information.



## Good Day...



The Crunch Club enjoyed their annual summer outing to Largs this year.

We had some time to wander round Largs in the sunshine, what a bonus, and enjoyed a lovely high tea at the Queen's Hotel. The hotel staff were wonderful and made us feel very welcome.

We even had a birthday to celebrate when we surprised Frank with a cake for his 65th birthday. *A good day out.*





# “an awfully big adventure”

*J.M. Barrie*



The Dumfries Networking Group has been busy looking at volunteer opportunities in Dumfries.

We have recently become involved with the [Peter Pan Moat Brae Trust](#). The trust are restoring the historic building of Moat House, pictured above, which was the inspiration for the author J.M. Barrie's book Peter Pan.



*Claire and Brenda braving the downpours.*

The Trust hope to create a centre for children's literature reflecting the works of J. M. Barrie. At the moment we are involved in tidying up the gardens before work on the house starts.

We all try to meet up weather permitting... it's hard work but everyone from the group can take part and it's great knowing that we are involved in creating a little bit of history.

## History in the making

Here we see a little bit of KEY history in the making. When Stuart moved into his new flat in Thurso, Pamela, his housing officer, didn't need to make the eight hour trip to watch him sign his Tenancy Agreement. Here we see Pamela and Stuart finalising Stuart's move over the internet.



# A Right Royal do...



Here at Garnethill we gathered nice and early to get the best seats to watch the Royal Wedding. With our posh clothes on and waving our flags we waited to see The Dress! Munching on cucumber sandwiches,



victoria cream sponge and tea served on a Union Jack tablecloth. We even found a wee space for Devon scones. A great time was had by all!!

Sheila and Bobby from Kirkintilloch also had a bit of a do to celebrate the wedding and had invited some friends. Sheila told us *"all the guests came in wedding outfits there were even a few hats. We had champagne then tea and scones. Our favourite bit was seeing Kate's dress, she was beautiful."*

*Then Bobby took me by surprise. took my hand and said Sheila will you marry me? I was totally shocked, but very happy, I said YES!*

*We had more champagne to celebrate, a sing song and a lovely chinese meal to finish off our very memorable day. You can see our engagement photo on page 19".*



Sheila Duncan



# In The Saddle...

Here we see Debbie Ross, far right, from Helensburgh alongside Kim Bain, Debbie Moffatt and Joanne Moffatt. The ladies cycled a massive 20 miles from the SECC to Lomond Shores to raise money for BoBath, which is a charity for children with cerebral palsy. Debbie raised almost £80. Great effort ladies.



As you can see on the left Debbie also enjoys a different mode of transport moving from two wheels to four legs and spending a more leisurely day out.



# Heart Of Gold...



Jean Fulston from Bellshill is a lady with a heart of gold.

Here we see her with her cat Tilly who she adopted from the Cat's Protection League. Tilly was looking for a good home and Jean loves animals so it really was a match made in heaven.

Jean also saves up her coppers and donates them to the local Cat and Dog Home. As well as this she also sponsors a little girl in Kenya.



Isobel Davidson from Thurso is a keen accordion player. She has also written an ode for us about a worker she is very fond of...

*I am the Cromarty fisherman  
Who rides upon a bike  
I wear a snazzy helmet  
Oh what a dreadful sight*

*You ought to see my leggings  
I think they look quite cool  
I listen to my MP3  
And make the lassies drool.*



James Gardiner from Faifley is entertaining his guests at his 70th birthday party in June this year.

Over 100 people joined James at his party and a great night was had by all.

***Congratulations James.***



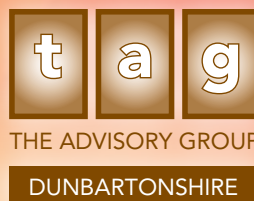
Enjoying a day out at the Ship Yard in Govan is Joe McNee, on right, with his friends. They had come to see the launch of HMS Duncan.



Jamie Boyle, pictured above second from left, has been busy raising money for a great cause. Jamie completed a sponsored walk around Palace Rigg Park in Cumbernauld to raise money for St Andrew's Hospice. Here we see a cutting from the local paper of Jamie presenting the money.



# Dunbartonshire TAG Host Summer Disco







*Julian Michalowski splendid in his Salvation Army uniform.*



Thanks to all who attended Gatnethill's *"Blooming Great Tea Party"* in July. Liz Gavin suggested that we take part and everyone thought it was a great idea. Most people at Garnethill have been affected by cancer either personally or through their family or friends.

We had a great time with lots of home baking. A grand total of £188 was raised for a great cause.





# Summer Time...

Irene McFarlane from Ardrossan wanted to let you all know she spent four happy days at Lakeside Caravan Park earlier this summer.

The caravan park is in the Lake District and there were lots of things to visit all within close driving distance.

In the photo below you can see how nice and roomy the adapted Caravan was. It was situated in a lovely quiet area, with beautiful flowers and trees around. The caravan was only a short distance from the entertainment centre.



There was also a very nice bar which served delicious food. I spent a lovely day on the steam train to Boness and sailed along Lake Windermere to Keswick.

My favourite day was at the Beatrix Potter Museum, lunch was delicious,

not to be missed! I also saw the Laurel and Hardy Museum and the James Bond Museum in Keswick.

I would highly recommend this holiday to all. ***I had a great time.***

Irene McFarlane





# Glasgow Connections



Glasgow TAG hosted its first ever community event “Glasgow Connections” in October. There were over 22 stalls from cooking and sport to volunteering and gardening. 160 people came along and had a great time. Here are some pictures of the day. Central TAG are organising a similar event later this year. A fun day was had by all.



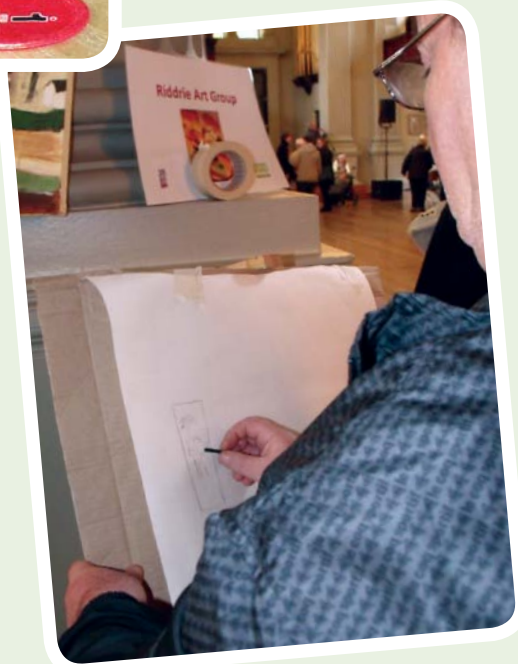


# Glasgow Connections



THE ADVISORY GROUP

GLASGOW CITY





# Lizzie See's "The World"

Lizzie Mappin



There was a big cruise ship called *The World* that docked just outside the harbour in Wick. I wanted to go through to see it and with the help of my worker we organised a day out.

It is the biggest cruise ship in the world. It costs £1.6 million for an apartment on it, people live on it for 6 months of the year.

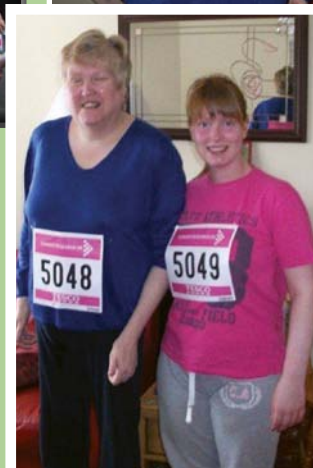


I wanted to go and see *The World* because I am writing a novel that will be published next year. My friend Trudy is going to help me do this. In my novel there is a cruise ship similar to *The world*. I started writing after attending a night class at the local college and after receiving support from friends I took the plunge to start writing. So watch this space!!



Hi, I am Sandra Nicholson from Kirkintilloch and I wanted to tell you about me taking part in the Race For Life. I have participated for many years now in memory of my mum Jean.

It is a great day and it's good to raise money for a good cause. This year I raised £65.







Susan thumbs up and ready to go.

I am Susan Wardlaw and I am a member of The Health and Happiness Group in Nairn. This year we all took part in a play called *The Magical Journey*.

We rehearsed for ages before the big performance. We were all very nervous especially when we saw the large crowd but it went really well and we got a huge round of applause at the end.

We even got a DVD of our performance to take home. Fame at last!!

My name is George Black and I live in Glasgow. I learnt to swim in 1958 with the Temple Swimming Club and I've been going there every week since then. We are now based at the Whitehill Baths in Dennistoun.

I take part in swimming galas twice a year and I have a large collection of medals from my swimming achievements. I also go on a summer day out with the Club, every year.

I love to swim and enjoy the company of the other members, many who have been going for a long time.



Tommy Sutherland from Fort William with his trophy he won at a recent bowling tournament.



Sheila and Bobby from Kirkintilloch cutting the cake at their Engagement Party. A great night was had surrounded by friends and family. Now they just can't wait for the wedding. Good Luck!!

# Ships Ahoy...



*On board the "Stratraad Lemkuhl." The group joined 200 passengers including a Norwegian wedding party for a voyage round to Stromness.*

The Tall Ship's race visited Orkney this summer and the good folk from Thurso travelled up to give them a great welcome.

As you can see from the photos it wasn't exactly summer weather but a great time was had by all despite the conditions.



*Above, ringing the ships bell on board "The Sorlandet" also known as the "King Of The Ocean."*

This is Richard Miller from Thurso pictured with his hero Terry Butcher, manager of Inverness Caley Thistle.

Richard is a member of the supporters club and travels down when he can. Richard enjoys visiting the social club for a game of pool and chatting to other fans.

It was a good game and after the match Richard waited at the stadium and met a few of the players. The day was rounded off with a great dinner and a trip to the cinema.





# Hitting The Headlines...



*The 3 2 1 Club* recently featured in the Glasgow East Outlook newspaper. The club was presented with a Boccia set from the Glasgow City Community Health Partnership.

The club meets every Thursday at Shettleston Old Parish Church from 11.30am - 3pm. There are lots of activities on offer like cookery classes, keep fit, nail bar, massage, pool table, Zumba, line dancing, Wii fit and Boccia. It's a great way of making new friends and trying new things.

For more information contact Christine Conroy at the Budhill Service (0141 766 1852).

Garnethill's first year of the Football Fantasy League (FFL) resulted in the Manager's Award Night. The winning manager was Jimmy Murdoch and he was presented with an engraved crystal award.



Novelty awards were also given out to the less successful managers! It has been great fun, we would recommend other services to start their own Fantasy Football League.



This is Tommy Johnstone who lives in Bellshill. Tommy recently had a wonderful day at his sister Linda's wedding.

The wedding was held in Peebles at a lovely hotel. Tommy enjoyed spending time with his family and meeting his new brother in law's family who are from South Africa.

Tommy enjoyed getting dressed up for the occasion and the sun even shone which made it the most perfect day.

# Snap Happy...



Hi, I am Amanda Begg from Dunoon. I enjoy taking photographs and decided to enter a competition with Mencap. I travel a lot on the CalMac Ferry to see my parents so I entered a photo of the ferry crossing the water. That's my photo above. I couldn't believe it when I won, I was really thrilled. That's me with my certificate and my prize, a brand new top of the range digital camera. There will be no stopping me now...say cheese!!

# Going The Extra Mile...

Anne Marie Taylor has been keeping busy helping others. Alongside her worker Emma Baillie, pictured on the right, she entered the Race For Life in Falkirk. Between the pair of them they raised over £300 for Cancer Research.

In the other photo Anne Marie is showing off her certificate that she was recently awarded. This was given to Anne Marie in recognition of the voluntary work that she has been doing for years. Well done Anne Marie.





# Highland Adventure...

I am Jim Howatson and I wanted to tell you about the wonderful holiday I had in the Highlands. I live in Dumfries so I had a very long journey to reach my destination. I stayed at a great hotel in Strathpeffer, it was like living in a Scottish Castle!

I did lots of great tours including a cruise on Loch Ness, a trip to Urquhart Castle, a visit to Inverness and a trip to Culloden. The food, staff and entertainment at the hotel were fantastic.

I was very sad when my holiday was over but I will always have the memory of my Highland Adventure.



## A Wheely Good Time!

This is Irene McFarlane and Caroline Young on a visit to the Falkirk Wheel. The ladies had a great day and enjoyed a trip on a barge being lifted 35 metres on the wheel and a nice sail along the Union Canal.

Irene and Caroline would recommend this as a day out. Concession prices are available for service users as well as workers. All areas are wheelchair accessible and the staff are very helpful.



# Clyde Coast TAG School Visit



THE ADVISORY GROUP

CLYDE COAST

As part of the Clyde Coast TAG 's school education project we were invited along to John Logie Baird Primary School in Helensburgh.

Our workshop gives children the chance to hear what life is like if you have a learning disability.

We had to present our workshop to about 60 pupils which made us a little nervous. This was our first presentation but the kids were fantastic. We had a great morning and can't wait to go to more schools.



## On The Boat to Belgium...



Hello, I wanted to tell you about my great holiday earlier this year. I am 79 years old and I had never been on a boat. So with the help of my worker Maureen we booked a cruise.

The boat was very comfortable and the food was great. We went on lots of bus runs and saw loads of interesting places like Bruges, that's it in the photo.

The entertainment was good and we enjoyed a good old sing song at night. We met a nice couple and we enjoyed each other's company.

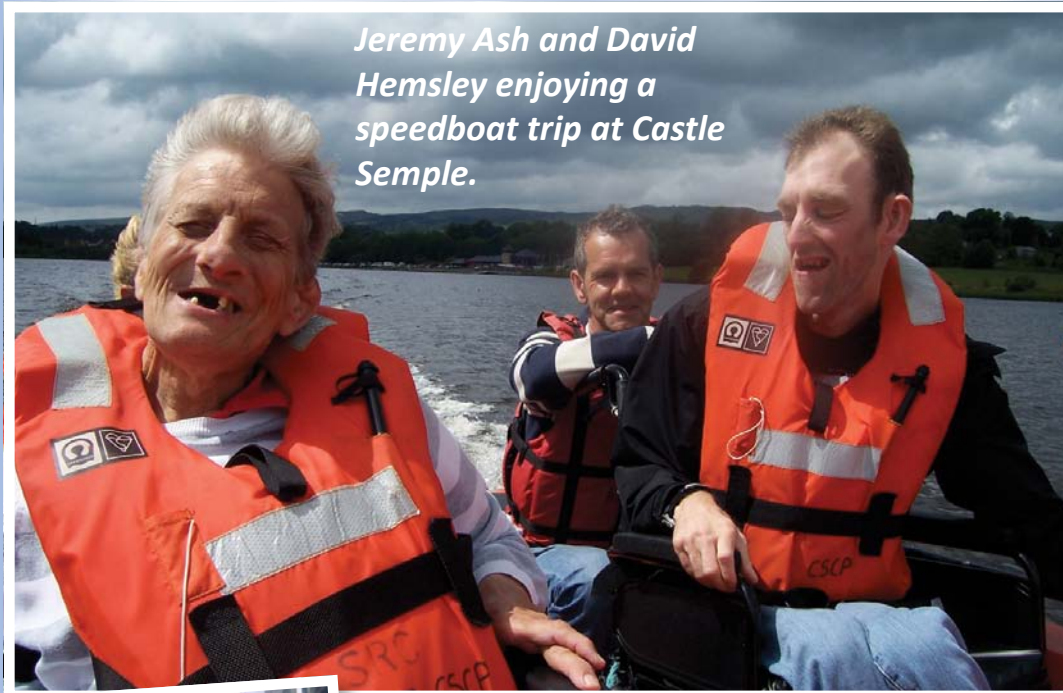
Now that I have got my sea legs I am thinking about going on an another cruise next year. I will send you a postcard!

John Dawson

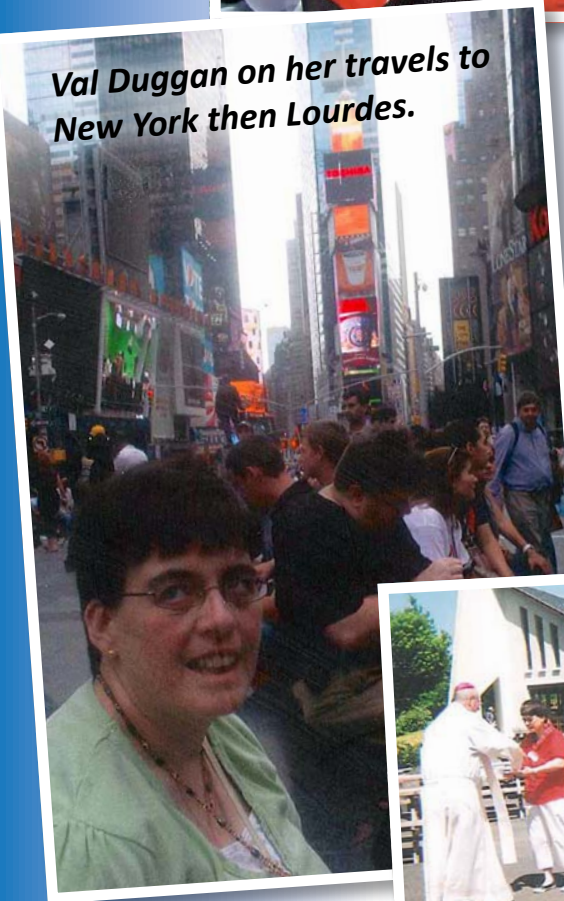




# Picture This...



*Jeremy Ash and David Hemsley enjoying a speedboat trip at Castle Semple.*



*Val Duggan on her travels to New York then Lourdes.*



*Jimmy Taylor from Inverness hard at work at the gardening project he volunteers for.*



If you have any stories and or photographs you think are interesting and fit in with the theme of being all you can be, please send them in to the Magazine Team. Details on how to send stories can be found on page 31.

# KEY

# CONNECTIONS

## SUMMER 2011

Looking for Friends

Items For Sale

General Ads

**IMPORTANT: Items for Sale cannot be purchased by employees of either KEY or Community Lifestyles.**

Hi my name is Margaret and I am 60 years young from Nairn. My hobbies are cycling, helping out at an allotment and walking. I also enjoy cooking and socialising. I would like a pen friend to write to and maybe meet up once we know each other.  
Box 660



**For Sale** - Electric Scooter. In excellent condition. Can deliver. For more information contact...  
Box 659

**SEE SOMEONE YOU WANT TO CONTACT? FIND OUT HOW TO DO THIS ON PAGE 30**

Hi my name is John from Nairn. I am interested in meeting up with a female for coffee and socialising. My interests are gardening, cycling, walking and going out for dinner and drinks.  
Box 669



Hi my name is Agnes, I am 38 and I live in Milngavie. I enjoy word searches, knitting, going to the cinema and going out for lunch with friends. I would like a female pen pal to write to.  
Box 671

Hi there. I am looking for a friend from Waverly Park. Her name is Marion Dunwoody. I lost touch with her and would really like to get in contact. If you can help please contact me at ...  
Box 667

Hi My name is Rodney, I am 34 years old and I live in Stirling. I have my own car. I like to go to Callander and Falkirk. I enjoy eating out, going to cafe's and shopping for my flat. I like to go on my computer and watching Sky TV. I have a lovely garden at my flat. Please drop me a line.  
Box 661



Hi my name is Sam from Stirling and I am 38. I am a proud lesbian and I am looking for someone who is the same like minded either in Stirling or elsewhere. I am into animals especially cats. I like Lady GaGa and 80's music. I like to travel, read, watch movies and photography. I am looking for friendship just to have a good time.  
Box 664



Hi my name is Hamish, I am 49 and live in Stranraer. I like to travel and have visited lots of countries around the world. I also enjoy watching TV and I am a football fan. I enjoy eating out and I also like cooking. I am looking for a girlfriend to share my interests. Please get in touch.  
Box 663

**SEE SOMEONE YOU  
WANT TO CONTACT?  
FIND OUT HOW TO DO  
THIS ON PAGE 30**

Hi my name is Patrick and I live in Ardrossan. I am 44 and would like a pen friend. My hobbies are playing pool and bowling. I like music and going to concerts. I like Status Quo and 80's music.  
Box 665

Hi my name is Susan. I live in Nairn. My hobbies are watercolours, drama, aromatherapy and socialising. I am interested in contacting people, male and female, who can communicate with me via email.  
Box 675

Hi my name is Stewart. I am 39 and live in Kirkintilloch. I like watching football and listening to music. I am looking for a female friend who has similar interests. Hope to see you soon.  
Box 655

**Keep those adverts coming.** If you are looking for friendship, romance an interest or hobby to share, an event to advertise or maybe something to sell, **KEY Connections** can help. So why not place an advert in the next issue? It's free, it's easy, and it's your chance to make new friends.

Hi my name is Tony. I am 41 and live in Stirling. I am outgoing and enjoy a good laugh. I love DVD's, TV, music and singing. I am looking for a nice lady for friendship and to take out on a date. Please get in touch.  
Box 668



I am a 25 year old lady who is very outgoing, funny, friendly, sociable and loves a good laugh. I like good nights out and to entertain as I love to cook. I also like to chill out in my flat watching DVD's and listening to music. I would be interested in meeting a male companion with similar interests for fun nights out/in and to build up a friendship.  
Box 658

Hi my name is Elizabeth. I enjoy going to bingo, going out for meals and going to the cinema. I also enjoy a run in my car. I am looking for a male pen-friend.  
Box 670

Hi there, I am a gay man in my 20's and I live in the Central area. I like going to the cinema, watching TV, listening to music, socialising, bowling, films and going on the computer. I am a spiritual person who is looking for other spiritual people. I am looking for pen pals/friends who share similar interest. Please drop me a line.  
Box 678



Hi there my name is Janice and I would like to invite you to join me and some friends in the Freeland Walking Group. We meet on Thursday's at 6pm walk, talk, laugh our way round Kirkintilloch for an hour. Then go for a coffee and a chat. Come along get fit and make new friends. Drop me a line at...  
Box 656

Hi my name is Lawrence and I love accordion music. I would love to meet up with someone who shares my love for accordians.  
Box 673

Hi my name is Mary. I live in Stirling and I am 47. I enjoy horse riding, arts and crafts, bingo and going out to the pub. I have a rabbit and I love animals. I am looking for a male aged 45 - 50 to become a pen pal, friendship and maybe a relationship. If you share my interests please get in touch.  
Box 674

**SEE SOMEONE YOU WANT TO CONTACT? FIND OUT HOW TO DO THIS ON PAGE 30**

Hi my name is Narelle, I am 22 years old and live in Maryhill. I am looking for pen friends who may want to meet up once we get to know each other. I enjoy going to the cinema and listening to music.  
Box 657

**Anything for sale? You can place an advert in KEY Connections for any unwanted items.**

Hi my name is William and I live in Greenock. I am 24. I like football, music, cycling and going out socialising. I would like to meet a female to go out socialising and to get to know them.  
Box 677

Hi my name is Allan. I live in Falkirk. I like going to the pub and singing on the Karaoke and dancing. I am a young man looking for a female pen friend who would like to share my interests or meet for a meal or coffee.  
Box 672

Hi my name is Marion, I am 26 and live in Easterhouse. I enjoy singing, listening to music and going to the cinema. I love dolphins and going on holiday to Blackpool. I would like a friend with similar interests.  
Box 654

**COLOUR INDEX**  
**Each section has it's own colour**  
**You'll find the key at the top of page 26**

Hi my name is John. I am 38 and live in my own flat in Stirling. I am a happy chappy who would like to meet new friends or possibly romance in the future. My interest are music, playstation, golf, fishing, playing pool and darts. I enjoy watching wildlife programmes and documentaries. I would be really happy to hear from you so please drop me a line.  
Box 676



Hi my name is Andrew and I live in Annan with my dog Comet. I like listening to music and looking after Comet. It can be hard work but very rewarding. I am looking for friendship (or maybe more!) with a nice lady. I hope to hear from you soon.  
Box 662

**Lost contact with an old friend who is supported by KEY?**  
If you are looking for someone that you have lost touch with **KEY Connections** can help.

So why not place an advert in the next issue? You never know this could reunite you with a long lost friend.

Hi my name is William. I live in Bellshill and I am 57. I like travelling, watching football on TV and dining out. I would like to meet a nice woman of similar age and interests as myself as I am looking to meet new friends. If you want to get in touch please do.  
Box 666

**LOOKING FOR FRIENDS? LOOKING FOR A PEN PAL? SOMETHING TO SELL? WHY DON'T YOU WRITE YOUR OWN AD AND SEND IT IN TO US!**

**PLEASE SEND COMPLETED FORM TO:**

**KEY Connections  
FAO Kirsten Knox  
KEY  
77 Renfrew Street  
GLASGOW  
G2 3BZ**

**Your Name**

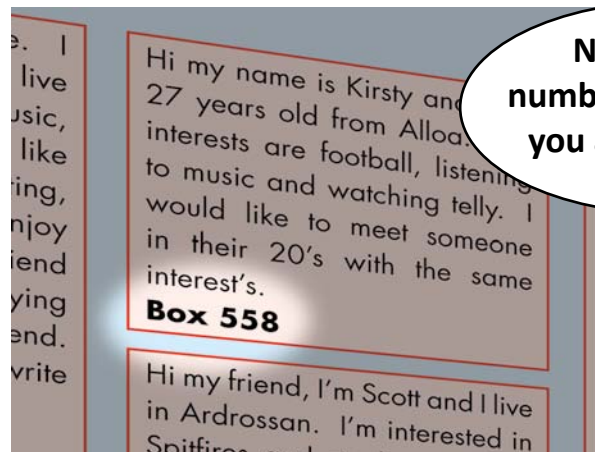
**Your Address**

# KEY Connections...

## Make new friends. How to reply to an advert.

### WHY DON'T YOU REPLY?

This is your chance to make new friends or purchase an item someone else no longer wants to own. If you need some support a worker can help you with writing a letter or making a tape, all you have to do is...



Note the box number of the advert you are replying to



**REMEMBER**  
to include your contact details

Write a letter or...



...put your message on a tape



Address an envelope with the box number clearly marked and post it to...

Box Number \_ \_ \_  
KEY Connections  
FAO Kirsten Knox  
KEY  
77 Renfrew Street  
Glasgow G2 3BZ

KEY Connections will then forward your letter to the advertiser



Have you got something to tell the **Now You're Talking** Team?  
Then send it in to us by any of the following ways...



Write an article or  
record it on to a tape



We're always looking  
for photographs.

Let us know if you need  
your photos sent back  
or why not send us a  
copy of them on a  
CD-ROM?



If you have access to the Internet,  
email your articles and photos to  
[magazine@keycommunitysupports.org](mailto:magazine@keycommunitysupports.org)



Address an envelope and post to  
**Magazine Team**  
**KEY**  
**77 Renfrew Street**  
**GLASGOW G2 3BZ**

# HOW TO GET IN TOUCH WITH US



## YOU CAN WRITE TO US...

KEY  
77 Renfrew Street  
GLASGOW  
G2 3BZ



## YOU CAN TELEPHONE US...

Kirsten Knox  
Ewan Hamilton

0141-342 1877  
0141-342 1838



## YOU CAN EMAIL US...

[magazine@keycommunitysupports.org](mailto:magazine@keycommunitysupports.org)



## NOW YOU'RE TALKING

is available in different formats.  
Please let us know which one  
suits you best.

